

## 5 km Volkslauf am 18.09.2016

### Ergebnisliste - Männer

| Rng | Snr | Name, Vorname         | Verein/Ort                  | Land | Jg | Ak     | Endzeit |
|-----|-----|-----------------------|-----------------------------|------|----|--------|---------|
| 1   | 248 | Wellmann, Tobias      | Delta Runners Aerzen        |      | 86 | M30 1  | 17:31   |
| 2   | 285 | Schwarz, Stefan       |                             |      | 79 | M35 1  | 17:36   |
| 3   | 241 | Evers, Thore          | Delta Runners Aerzen        |      | 84 | M30 2  | 18:38   |
| 4   | 201 | Blum, Stefan          | Team Lenze                  |      | 88 | M25 1  | 19:14   |
| 5   | 292 | Struckmeyer, Matthias |                             |      | 77 | M35 2  | 19:44   |
| 6   | 294 | Hörnigke, Niklas      |                             |      | 92 | M20 1  | 19:51   |
| 7   | 293 | König, Nils           | ESV Eintracht Hameln        |      | 74 | M40 1  | 19:57   |
| 8   | 291 | Baumeister, Andreas   |                             |      | 80 | M35 3  | 20:17   |
| 9   | 286 | Schubert, Timo        |                             |      | 77 | M35 4  | 20:22   |
| 10  | 208 | Hackl, Thomas         | Team Lenze                  |      | 63 | M50 1  | 21:07   |
| 11  | 247 | Stephan, Andreas      | Delta Runners Aerzen        |      | 63 | M50 2  | 21:12   |
| 12  | 217 | Manka, Gerald         | REINTJES Speedies           |      | 68 | M45 1  | 21:23   |
| 13  | 237 | Zoche, Frank          | Team Lenze                  |      | 69 | M45 2  | 21:33   |
| 14  | 239 | Küchler, Olaf         |                             |      | 66 | M50 3  | 21:48   |
| 15  | 259 | Habenicht, Nico       | Schiller-Gymnasium Hameln   |      | 04 | M12 1  | 22:09   |
| 16  | 227 | Sander, Frank         | REINTJES Speedies           |      | 63 | M50 4  | 22:15   |
| 17  | 236 | Zacharias, Yannik     | Feuerwehr Aerzen            |      | 93 | M20 2  | 22:17   |
| 18  | 222 | Özbek, Kemal          | Team Lenze                  |      | 68 | M45 3  | 22:19   |
| 19  | 282 | Fanslau, Tobias       |                             |      | 67 | M45 4  | 22:27   |
| 20  | 284 | Smolla, Michael       |                             |      | 83 | M30 3  | 22:33   |
| 21  | 290 | Flieger, Wolfgang     | Spiridon Schleswig          |      | 57 | M55 1  | 22:40   |
| 22  | 275 | Watermann, Thomas     | ESV Eintracht Hameln        |      | 86 | M30 4  | 22:42   |
| 23  | 249 | Willmann, Frank       | Delta Runners Aerzen        |      | 69 | M45 5  | 22:52   |
| 24  | 268 | Putz, Carlo-Andre     | Schiller-Gymnasium Hameln   |      | 03 | M12 2  | 22:53   |
| 25  | 255 | Fielitz, Emil         | Schiller-Gymnasium Hameln   |      | 03 | M12 3  | 22:56   |
| 26  | 203 | Brand, Heinz          | Feuerwehr Aerzen            |      | 67 | M45 6  | 24:08   |
| 27  | 295 | Hamann, Ronny         |                             |      | 64 | M50 5  | 24:18   |
| 28  | 242 | Helbig, Burkhard      | Delta Runners Aerzen        |      | 56 | M60 1  | 24:25   |
| 29  | 283 | Diegmann, Simon       |                             |      | 90 | M25 2  | 24:43   |
| 30  | 251 | Jabke, Arjan          |                             |      | 00 | M16 1  | 24:49   |
| 31  | 238 | Irmscher, Philip      | Independent Gym             |      | 86 | M30 5  | 24:54   |
| 32  | 205 | Duda, Patrick         | Feuerwehr Aerzen            |      | 79 | M35 5  | 24:58   |
| 33  | 265 | Neto, Rui Costa       | Schiller-Gymnasium Hameln   |      | 04 | M12 4  | 25:34   |
| 34  | 202 | Boese, Matthias       | Team Lenze                  |      | 71 | M45 7  | 26:11   |
| 35  | 209 | Humen, Waldemar       | REINTJES Speedies           |      | 62 | M50 6  | 26:12   |
| 36  | 260 | Krey, Lennart         | Schiller-Gymnasium Hameln   |      | 03 | M12 5  | 26:27   |
| 37  | 289 | Göpke, Armin          |                             |      | 71 | M45 8  | 26:31   |
| 38  | 212 | Koch, Dennis          |                             |      | 87 | M25 3  | 26:33   |
| 39  | 276 | Schulte, Sebastian    | 1. Karate Dojo Hameln e. V. |      | 92 | M20 3  | 26:34   |
| 40  | 240 | Kutofski, Andreas     | Independent Gym             |      | 74 | M40 2  | 26:35   |
| 41  | 216 | Lachendro, Marcel     | ESV Eintracht Hameln        |      | 87 | M25 4  | 27:01   |
| 42  | 252 | Jabke, Joris          |                             |      | 02 | M14 1  | 27:02   |
| 43  | 213 | Koch, Dietmar         |                             |      | 60 | M55 2  | 27:04   |
| 44  | 223 | Platts, Nigel         | Feuerwehr Aerzen            |      | 66 | M50 7  | 27:41   |
| 45  | 231 | Stillich, Alexander   | Team Lenze                  |      | 92 | M20 4  | 28:01   |
| 46  | 243 | Michel, Wolfgang      | LC Bad Arolsen              |      | 55 | M60 2  | 28:32   |
| 47  | 280 | Geese, Andreas        |                             |      | 68 | M45 9  | 28:40   |
| 48  | 228 | Schmidt, Jan          | Team Tündern                |      | 67 | M45 10 | 29:43   |
| 49  | 246 | Schwenzfeier, Richard |                             |      | 67 | M45 11 | 29:45   |
| 50  | 207 | Flöß, Jan             | Team Tündern                |      | 97 | M18 1  | 30:12   |
| 51  | 277 | Schulte, Jürgen       | 1. Karate Dojo Hameln e. V. |      | 58 | M55 3  | 30:24   |
| 52  | 218 | Merten, Timo          | Feuerwehr Aerzen            |      | 95 | M20 5  | 30:35   |
| 53  | 273 | Tarras, Paul          | Schiller-Gymnasium Hameln   |      | 03 | M12 6  | 30:37   |
| 54  | 211 | Jordan, Michael       |                             |      | 59 | M55 4  | 30:39   |
| 55  | 288 | Kirchmann, Claas      |                             |      | 66 | M50 8  | 30:45   |
| 56  | 278 | Rädecker, Ingo        | 1. Karate Dojo Hameln e. V. |      | 78 | M35 6  | 31:38   |
| 57  | 210 | Hylmar, Lars          | Feuerwehr Aerzen            |      | 82 | M30 6  | 31:41   |
| 58  | 258 | Garvens, Sören        | Schiller-Gymnasium Hameln   |      | 03 | M12 7  | 31:51   |
| 59  | 221 | Oltersdorf, Nicklas   |                             |      | 92 | M20 6  | 31:54   |
| 60  | 215 | Krückeberg, Rüdiger   | RRC Rockin Rats Hameln e.V. |      | 68 | M45 12 | 33:03   |

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| Rng | Snr | Name, Vorname    | Verein/Ort                | Land | Jg | Ak    | Endzeit |
|-----|-----|------------------|---------------------------|------|----|-------|---------|
| 61  | 298 | Lücke, Ronald    | Independent Gym           |      | 60 | M55 5 | 33:16   |
| 62  | 245 | Schulze, Ulrich  |                           |      | 50 | M65 1 | 33:22   |
| 63  | 267 | Placidus, Julius | Schiller-Gymnasium Hameln |      | 04 | M12 8 | 38:26   |
| 64  | 263 | Mannak, Lambert  | Schiller-Gymnasium Hameln |      | 04 | M12 9 | 38:27   |